

Keeping you in

CONTACT

with

LUTON

Motto 2017



one **LORD** one **FAITH**
one **BAPTISM** one **GOD**
and **FATHER OF ALL**

Ephesians Chapter 4 verses 2-6



one

JULY 2017

Articles for the AUGUST Contact should be given to Gwyneth Gapp -by Sunday 9TH JULY

(One week early due to holiday commitments) They can be handwritten, placed in the box in the front vestibule or emailed to gwyneth.gapp@ntlworld.com

July 2017

M	T	W	T	F	S	S
31					1	2
3	4	5	6	7	8	<u>9</u>
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

From your Pastor Andrew Gale

Look forward, Look back, no time like the present:

We are now halfway through the year, at the halfway point is your inclination to look back or to look forward?

Looking back is not bad, God constantly reminded people of where he had brought them from. For example, Amos 2:10 “I brought you up out of Egypt and led you forty years in the wilderness to give you the land of the Amorites.” The Passover feast annually reminded of the rescuing of Israel from slavery. We too look back on God’s past provision in our lives and give him thanks.

Looking forward is also good, Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus. Philippians 3:13-14. We are confident of our reward in Christ and we look forward to the blessings and adventures He will take us through.

In looking either forwards or backwards don’t miss out on today, we pray, “Give us today our daily bread.”

Whether you look forward or back or simply live for today, know this:

Jesus Christ is the same yesterday and **today** and for ever.

Andrew

Some things never change from The Lantern Magazine
September 1887

The Faults of Preachers

Some are too weak, and some too strong
Some are too short, and some too long:
Some are too stout, and some are too thin;
Some always out, and some always in;
Some are too good, and some too bad:
Some too grave, and some too glad:
Some in their clothing are too exquisite;
Some never study, and some never visit;
Some are too fine, and some too plain;
Some preach the same sermons again and again.

Some, spite what critics may say,
In the midst of their most solemn sermons look gay;
And some, howe'er pleasing the fact they rehearse,
Are unable to smile, but look as grave as the hearse.

Some in their business transactions are duffs
Some can't keep their temper, but get into huffs.

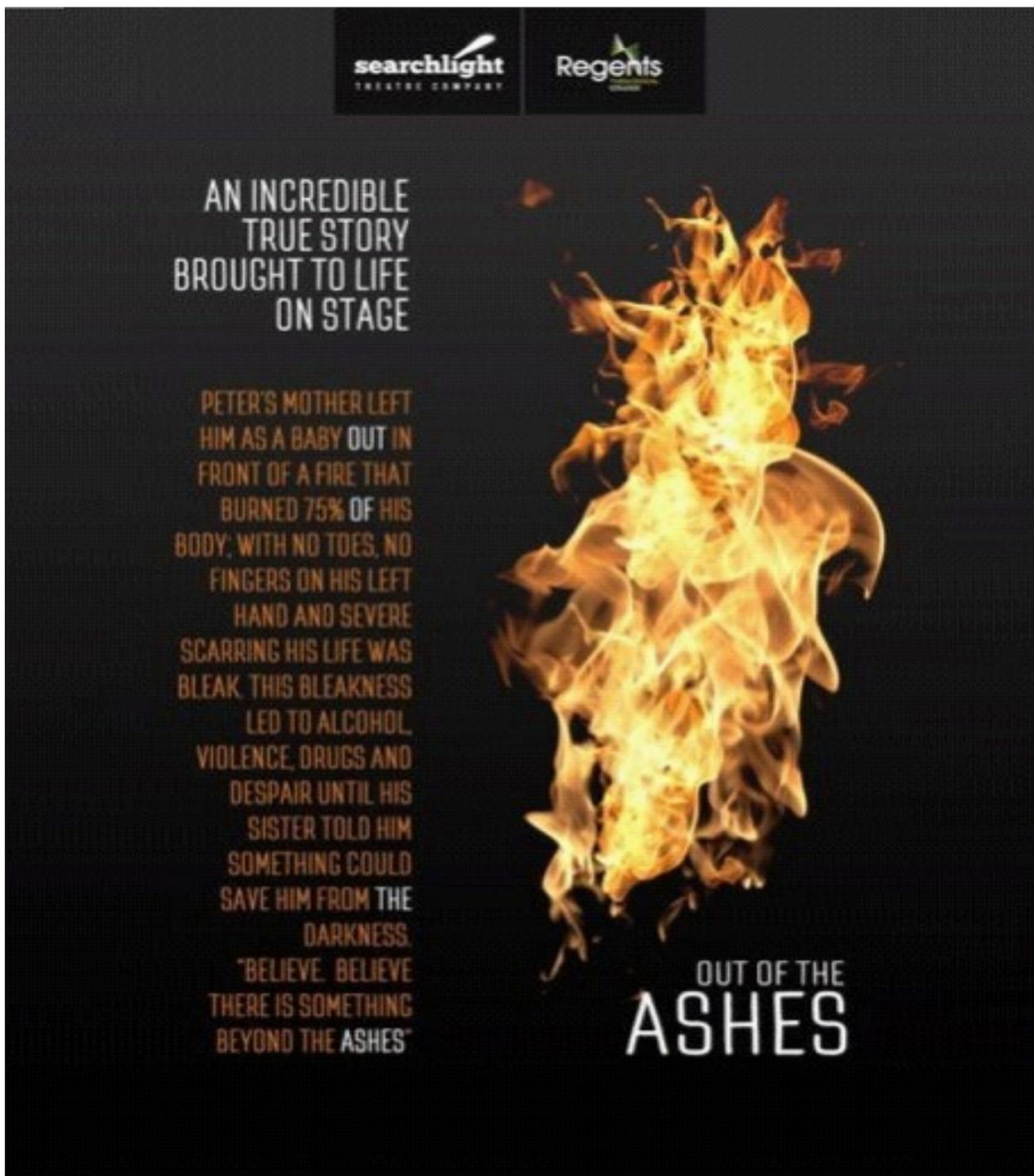
Some are too high, and some are too low,
And some in their first sermon tell you all that they know.

Some are too humble, and some are too proud;

Some are too faint, and some are too loud.

Some have many faults, and some only one;

But I never heard tell of one that had none



searchlight
THEATRE COMPANY

Regents

AN INCREDIBLE
TRUE STORY
BROUGHT TO LIFE
ON STAGE

PETER'S MOTHER LEFT
HIM AS A BABY OUT IN
FRONT OF A FIRE THAT
BURNED 75% OF HIS
BODY; WITH NO TOES, NO
FINGERS ON HIS LEFT
HAND AND SEVERE
SCARRING HIS LIFE WAS
BLEAK. THIS BLEAKNESS
LED TO ALCOHOL,
VIOLENCE, DRUGS AND
DESPAIR UNTIL HIS
SISTER TOLD HIM
SOMETHING COULD
SAVE HIM FROM THE
DARKNESS.
"BELIEVE. BELIEVE
THERE IS SOMETHING
BEYOND THE ASHES"

OUT OF THE
ASHES

Thursday 6th July 7:30 pm at Luton Central Baptist Church, Park Street,
Luton

Advance Tickets £10, concessions £5 contact 07914853395 or
pastor@centralbaptist.org.uk

CHURCH DIARY JULY 2017

SUNDAY WORSHIP

Morning 10.45 am

(Services led by Minister unless otherwise stated)

A prayer meeting is held every Sunday before the morning service from 10 am in the Prayer Room

- 2nd All age service*
- 9th Visit of Pastor Cox from the New Testament Church of God, preaching on our motto verse*
- 16th Breaking of Bread*
- 23rd Led by Elders*
- 30th Annual open air and picnic service*

The ever popular Tea and Hymn will take place at 3:30pm on 23rd July. We drink tea and sing hymns

All services will be led by the pastor unless otherwise stated

The Sunday evening group will meet at 6 pm each Sunday evening to discuss, prayer, share and sing together

The Notice Board

Contacts are posted to
you each month by

Andrew Tomblin

8 Winslow Close

Luton, LU3 1QA

Donations for postage for Contact from:

Thank You

Prayer Diary

We need a new volunteer to prepare the prayer diary. Please speak to Andrew Gale or Peter Gapp if you would be interested in helping the fellowship in this way.

We all can do with a bit of help when it comes to talking with people who are grieving. The following has been written by Hannah Fleetwood (whom some of you know), and I asked her if it was alright if I shared it here, because although she may be 18 what she is feeling is relevant at any age. This has helped me, and I think it will help you. Mel

This post does not come from a place of anger and annoyance, more from a place of grief and love.

One of my pet hates is when someone looks at me with that classic look of sympathy after finding out my mum has died. Yes, I can understand why people do this, but sympathy is not going to get me anywhere. I do not feel sorry for myself, so you do not need to either. I had a mum who was present and wonderful for 17 years of my life so that is something to be happy about, not to be sorry about. However my grieving of her death is going to be a long and painful journey so I do need your empathy.

Understanding my loss

What's the difference between sympathy and empathy then? By definition sympathy is the feeling of pity and sorrow for someone else's misfortune, while the definition of empathy is the ability to understand and share the feelings of another. Doesn't the definition of empathy just sound so much more positive and encouraging? Sympathy encourages people to feel sorry for themselves and stay where they are, while empathy helps people to move forward and continue living their life.

Some of you may look at the definition of empathy and think "but I don't know or understand what it's like to lose a mum, let alone at 17 years old". You don't need to. In this life we have all experienced some sort of loss, whether this be a grandparent, partner or even a loss of confidence. Even if the person is still alive you may have experienced a loss such as an end to a friendship but the communication has been cut off and this can feel like a loss.

You understand more than you realise

In reality, what does empathy look like compared to sympathy? To me, this is what I think it looks like:

- Instead of crying for me because of my situation, cry with me as I remember the memories and experience my grief.
- Instead of talking to others about my sad situation, ask me how I'm actually doing.
- Instead of avoiding me because you don't know what to say, and therefore don't want to hurt your pride by saying something wrong, just say anything.
- Instead of just thinking about me on those known hard days e.g. birthdays or Mothers day, tell me you're thinking of me.
- Instead of getting annoyed at me on a bad day, forgive me and remember that this is tough for me and I'm going to make mistakes.
- Instead of expressing sadness at my situation, ask me what my mum was like, I love that!
- And if you want to ask a question then do! That's the only way we are ever going to get over this taboo of grief.

Most importantly make sure no one walks through their grief alone, in any situation. Obviously there will be times when they have to do this grief thing on their own but you can be there to check in to see how they really are. Even when they say they don't need you, they do. As humans we hate to be seen as needy but isn't that what all friendships/ relationships are about. You help someone with their difficulty and they help you with yours while enjoying the joys of life.

So from today let's choose empathy over sympathy. We all need empathy, not sympathy.

BMS Birthday Scheme

14th Steve Conybeare

16th Auriel Haydon

Lillian Cordery

24th Derek Jones

27th Rev Jim Donaldson

Damian Bell

BMS World Mission Globes and Boxes

Thank you to everyone who has a BMS World Mission Globe or Box, we have been able to send them £261.95 from the recent collection.

Perry Green Services
At 6.00 pm

* On the first Sunday of the Month there will be a Prayer meeting at 5.15 pm.

- 2nd. Mrs. Diane Maple
9th. Mr. Roland Ogberigbe
16th. Miss Pam Greener (C)
23rd. Mrs Ruth Tiso
30th Mrs. Gill Short

Tuesday Fellowship at 2.30 pm

- 4th Members Afternoon
18th Miss Pam Greener

Flowers for the Sanctuary

- 2nd Mr. and Mrs. Jam Malcolm;
In loving memory of Marjorie and Alfred
Bryan, very dear parents, from Lynda
and Maurice Hill and family.
- 9th Mr. and Mrs. Peter Gapp and family – In
loving memory of Krystina;
In loving memory of my Dad, Mum and
Brother Malcolm from Janet.
- 16th Miss Pam Greener – In loving memory
of a dear Mum, Dad and Brother;
Mrs. Jean Corder and family – In loving
memory of Sister Barbara.
- 23rd Rev. and Mrs J. Donaldson – In loving
memory of Betty.
- 30th From Shirley and David Hobbs and
family.

Programme of Events

JUMP (Tuesdays)

(10.00 am - 11.30 am Term Time)

4th

11th

18th

Ladies in Fellowship Together(L.I.F.T.)

(Tuesdays At 8.00 pm)

11th SUMMER MEAL

Thursday Afternoon Fellowship

(At 2.30 pm)

6th Town Chaplin

13th Mr. Roberts - Youthscape

20th Mrs. Trish Austin

27th Beavin Andrew

FELLOWSHIP NEWS AS AT 11TH JUNE 2017

NEW MEMBER

The Right Hand of Fellowship was extended to MIRIAM GALE at the Morning Communion Service on Sunday 21st May 2017.

CONGRATULATIONS TO:-

JIM DONALDSON who will be 90 on July 24th.

TOM MOWER who will be 98 on July 30th.

VANESSA and ADAM VENABLES on the birth of their daughter ANAYA GRACE born 21st May and DI and ANDY JONES on becoming grandparents.

JAMES and EMMA BRIGHT on the birth of their son JENSON JAMES born on 1st June, KEITH and ELIZABETH WRIGHT ON BECOMING GRANDPARENTS and HAZEL TOMBLIN a Great grandmother.

Our love and sympathy to MICHAEL JONES on the death of his NAN, we remember ANITA and THE FAMILY. We have also heard of the death of GRACE CLOUIS who was known to T.A.F.

Several people have been in hospital including:-

CYNTHIA BEST and MARGARET LOCKWOOD who are now home and JOAN PLANT who had an infection is due home. We have just heard that RON LEE has been taken to hospital after a fall at his son's house.

As a loving caring fellowship it's good to share in joys and sorrows. Our love and prayers with all these friends and others not mentioned who struggle with ill health or demands of looking after loved ones.

Ann M Norman.

JULY 2017

**In everything by prayer and petition
let your requests be known to God.**

**A monthly prayer calendar to help
us remember different aspects of
our Church life and beyond.**



TOPICS FOR PRAYER

- Saturday 1** Pray for the “shut-ins” outing taking place today.
- Sunday 2** Pray for this morning's family and parade service, and for the evening communion service.
- Monday 3** Pray for the deacons as they prepare for their meeting tomorrow evening.
- Tuesday 4** Pray for America.
- Wednesday 5** Pray for the SHIELD group meeting tonight.
- Thursday 6** Pray for the performance tonight of “Out of the Ashes” – the play about Peter Gladwin's life.
- Friday 7** Pray for Boys' Brigade; for Mel, the other officers and helpers, and for all the boys.
- Saturday 8** Pray for Youth Club.
- Sunday 9** Pray for the service this evening at our Perry Green branch church.
- Monday 10** Pray for Girls' Brigade; for Elizabeth, the other leaders and helpers, and for all the girls.
- Tuesday 11** Pray for LIFT having their summer meal together tonight before taking a break until September.
- Wednesday 12** Give thanks for peace in Northern Ireland, and pray for continued progress.
- Thursday 13** Pray for Thursday Afternoon Fellowship.
- Friday 14** Pray for Andrew and Jo Gale.
- Saturday 15** Pray for refugees and asylum seekers in Luton.

- Sunday 16** Pray for church lunch today; pray for Jam as he leads tonight's evening service.
- Monday 17** Pray for Ruth and Amos Tiso.
- Tuesday 18** Pray for JUMP.
- Wednesday 19** Pray for Erwin and Sue Tadiar.
- Thursday 20** Pray for our 9 deacons; can you name them all?
- Friday 21** Pray for Pam Greener.
- Saturday 22** Pray for Anita and Mike Jones.
- Sunday 23** Pray for "Tea and Hymns" this afternoon.
- Monday 24** Pray for Art Club.
- Tuesday 25** Pray for our Sunday school teachers and helpers, for the children who come, and for their families.
- Wednesday 26** Pray for Samson and Racheal Akinola.
- Thursday 27** Pray for those who work hard to clean the building, for those who do the gardening, replace light-bulbs and fix things that are broken.
- Friday 28** Pray for the service at Little Bramingham Farm nursing home.
- Saturday 29** Pray for everyone making final preparations for Holiday Club this weekend.
- Sunday 30** Pray for our picnic service in the park today.
- Monday 31** Pray for holiday club starting today.

Jesus Christ is our High Priest

We have a great high priest who has gone to live with God in heaven. He is Jesus the Son of God. So let us continue to express our faith in him.

Jesus, our high priest, is able to understand our weaknesses. When Jesus lived on earth, he was tempted in every way. He was tempted in the same ways we are tempted, but he never sinned.

With Jesus as our high priest, we can feel **confident** to come before God's throne where there is grace.

Jesus is the high priest who meets our needs.

Hebrews 4:14-16a; 7:26

Weekly Church Activities

Sunday

10.45 am Morning Service
Communic8 and Crèche
6.00 pm Evening Service

Monday

1.00 - 3.00 pm Watercolour Art Club
6.30 - 9.15 pm Girls Brigade (5-18 years)

Tuesday

10.00 -11.30 am **JUMP** (Join Us Mums & Pre-schoolers). During term time
2.00 - 4.00 pm Short mat bowls
8.00 pm Ladies in Fellowship Together (LIFT)
(2nd & 4th week)
10.00 - 12.00 pm Men's Prayer Meeting

Wednesday

9.30 am (1st Week) Open Prayer Meeting

Thursday

2.30 pm Thursday Afternoon Fellowship

Friday

6.45 -9.30 pm Boys Brigade

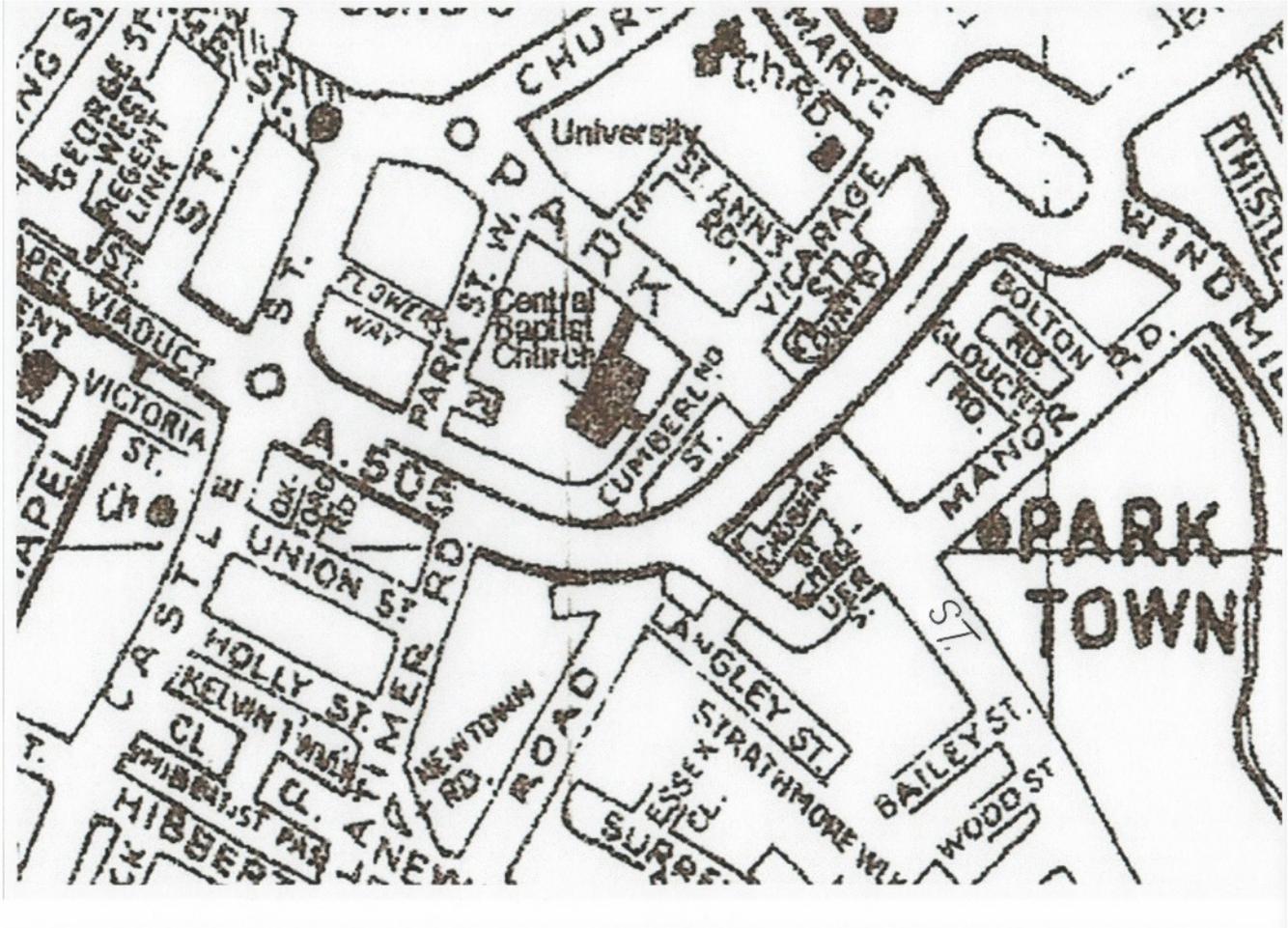
Saturday

7.00 - 9.00 pm Youth Group -11 years plus

MINISTER

Rev. Andrew Gale

Telephone mob. 07914853395



Secretary
Erwin Tadiar

Church Office 01582 422635

Visit the Church web site at

www.centralbaptist.org.uk

E-mail: admin@centralbaptist.org.uk